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## MTB Not to be missed by ambitious bikers

If you're coming to Lake Garda for mountain biking, you have to ride the Ponale trail. The same goes for Passo Tremalzo. Tackling both on one outing is a challenge, but it's definitely doable for good bikers and you'll never forget the experience. Highlights include the legendary Ponale trail, carved spectacularly into the rock, idyllically situated Lago di Ledro, scenic Passo di Tremalzo, the mountainous old military roads down to Passo Nota, the views down towards Limone and Lake Garda, and the scenic and relaxing routes through Bocca dei Fortini and Passo Rocchetta. You can think back on it all when you take a culinary break in Pregasina towards the end of the trip. And at the end you can enjoy the Ponale once again as you coast back down towards Riva del Garda.

Caution! The route is not technically challenging and runs along wide trails and roads, but in some places there is a risk of falling off. A defensive riding style is recommended!

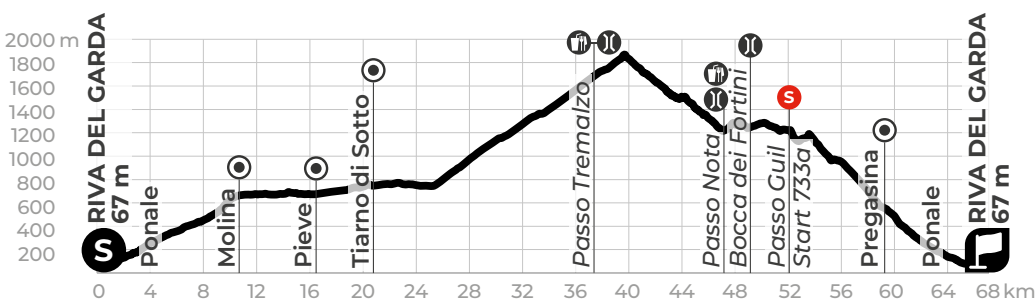
**Get your GPX**



Scan!



Click!



↔ 66,3 km

⌄ 2490 m

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